

## **Snuffle Mat Instructions**



By sprinkling kibble/treats in a Snuffle Mat, an exciting treasure hunt is created for your dog. Snuffle Mats help keep their mind busy while exercising their impressive sniffing abilities!

## Materials needed:

- > Scissors
- > Ruler
- Rubber mat with holes, max. size approx.40 cm x 60 cm

Smaller mats can be used for cats, rabbits, guinea pigs, and smaller dogs!

> 5 + thin fleece blankets

You can also contact our Volunteer Coordinators and they can supply you with blankets or flannelette sheets/ pillow cases, which will work just as well.



## **Instructions:**

1 Begin by cutting the fleece into strips, approx. 4-5cm wide x 25-30cm long.

These don't need to be perfect and varying lengths can be fun for companion animals!

2 Thread the material through the bottom of the first two holes in the first row so the ends are pointing up.

Secure the material by tying a single knot.

3 Continue this pattern along all of the rows of the mat.

Remember to rest your hands as needed!

4 Once finished, go back and tie knots diagonally in each direction to fill any gaps.

Mix up colours as you wish!













