

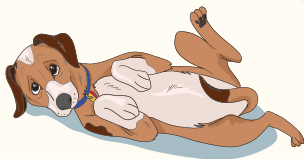
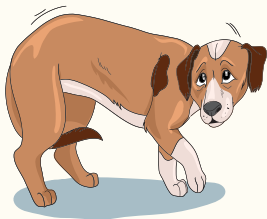
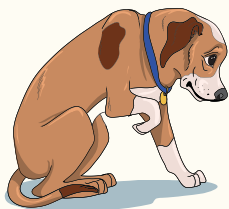
Anxious / Stressed / Worried



If a dog looks worried or anxious, they're probably feeling stressed.

Keep away, give them time and space to feel calm and safe.

Display submissive behaviours. A worried or anxious dog should be given time and space.



What to look for

- **Head:** may face away with brief eye contact.
- **Ears:** held back towards skull.
- **Eyes:** pupils are often dilated, may show the whites of their eyes. May avoid eye contact.
- **Mouth:** may hold lips slightly back and pant. They may yawn, when not tired, or lick their lips.
- **Tail:** held down, often with a slight wag. They may curl underneath their body.
- **Body Posture:** crouched, paw may be raised. They may roll onto their back.

