What to Do if an Unknown Dog Approaches You

If an overly excited or unfriendly dog approaches you:

Be a tree

- 1. Stop
- 2. Fold your branches (arms)
- 3. Watch your roots grow (look at your feet)
- 4. Keep quiet and count in your head until the dog goes away or help comes



If a dog jumps on you and knocks you down:

Be a rock

- Curl up to protect as much of your body as possible
- Protect your face and neck with your hands and arms
- Keep quiet and count in your head until the dog goes away or help comes



